

New Jersey Obesity and Overweight Data

Available as of September 2010

	Percent	
	Obese	Overweight
Adults¹	23.9	38.0
Gender		
Male	24.8	44.3
Female	23.1	31.8
Age		
18-24	12.2	29.8
25-34	21.0	38.2
35-44	24.6	39.9
45-54	27.2	38.9
55-64	31.2	38.0
65 and older	23.6	39.9
Race/Ethnicity		
White	22.8	37.2
Black	38.7	36.4
Hispanic	24.9	44.1
Other	10.0	36.7
Income		
Less than \$15,000	27.7	39.7
\$15,000-\$24,999	28.5	32.8
\$25,000-\$34,999	24.9	40.1
\$35,000-\$49,999	27.2	35.9
\$50,000 and over	23.2	39.0
Education		
Less than H.S.	33.2	36.4
H.S. or G.E.D.	28.3	39.8
Some post H.S.	25.6	34.6
College graduate	18.7	39.3
High School Students²	10.3	14.2
Gender		
Male	13.8	14.9
Female	6.7	13.6
Age		
15 or younger	9.8	14.5
16-17	11.0	13.9
18 or older	9.3	14.7
Race/Ethnicity		
White	8.1	13.6
Black	11.1	17.1
Hispanic	17.3	15.4
Low-Income Children³		
5 and younger	16.8	N/A
2-5	18.4	17.5



¹ Source: Centers for Disease Control and Prevention. 2009 Behavioral Risk Factor Surveillance System: New Jersey: Overweight and Obesity (BMI). Available at: www.cdc.gov/brfss. Accessed September 24, 2010.

² Source: New Jersey Department of Education. 2009 New Jersey Student Health Survey. Available at www.nj.gov/njded/students/yrbs/index.htm. Accessed September 24, 2010.

³ Source: Centers for Disease Control and Prevention. Pediatric Nutrition Surveillance Table 6D. Available at http://www.cdc.gov/pednss/pednss_tables/pdf/national_table_6.pdf. Accessed September 28, 2010.